



psychotherapy.net  
great therapists never stop learning

## Psychotherapy.net Video Streaming

### Exclusive Collection

List of Videos as of 2/3/25; Collection will grow as new titles are added

**Note: Video series are listed first, followed by single titles.**

| Series Name  | Name  | Therapist                  | Time (hh:mm) | ID# |
|--|---|----------------------------|--------------|-----|
| 3 Approaches to Personality Disorders                | CBT for Personality Disorders   | Arthur Freeman, EdD        | 2:46         | 293 |
| 3 Approaches to Personality Disorders                | Dialectical Behavior Therapy  | Marsha Linehan, PhD        | 1:48         | 225 |
| 3 Approaches to Personality Disorders                | Psychoanalytic Psychotherapy  | Otto Kernberg, MD          | 4:16         | 163 |
| Accelerated Treatment for Anxiety, Panic and Phobias | Accelerated Treatment for Anxiety: Core Concepts                          | Reid Wilson, PhD           | 1:41         | 289 |
| Accelerated Treatment for Anxiety, Panic and Phobias | Cognitive Therapy for Panic Disorder                                      | Reid Wilson, PhD           | 1:08         | 226 |
| Accelerated Treatment for Anxiety, Panic and Phobias | Exposure Therapy for Phobias  | Reid Wilson, PhD           | 2:57         | 215 |
| ACT in Action  | Cognitive Defusion  | Steven Hayes, PhD          | 2:04         | 236 |
| ACT in Action  | Control and Acceptance  | Steven Hayes, PhD          | 1:44         | 237 |
| ACT in Action  | Facing the Struggle   | Steven Hayes, PhD          | 1:57         | 238 |
| ACT in Action  | Mindfulness, Self, and Contact with the Present Moment                    | Steven Hayes, PhD          | 1:46         | 239 |
| ACT in Action  | Psychological Flexibility   | Steven Hayes, PhD          | 2:00         | 240 |
| ACT in Action  | Values and Action   | Steven Hayes, PhD          | 1:39         | 241 |
| Advanced Cognitive Behavioral Interventions for OCD  | Cognitive Therapy for Obsessions  | Reid Wilson, PhD           | 2:44         | 216 |
| Advanced Cognitive Behavioral Interventions for OCD  | Engaging the Ambivalent OCD Client  | Reid Wilson, PhD           | 3:04         | 252 |
| Advanced Cognitive Behavioral Interventions for OCD  | Treating the Severe OCD Client  | Reid Wilson, PhD           | 2:43         | 253 |
| Assessment and Intervention with Suicidal Clients    | Assessment and Intervention with Suicidal Clients Volume 1                | John Sommers-Flanagan, PhD | 3:34         | 414 |
| Assessment and Intervention with Suicidal Clients    | Assessment and Intervention with Suicidal Clients Volume 2                | John Sommers-Flanagan, PhD | 2:17         | 415 |
| Assessment and Intervention with Suicidal Clients    | Assessment and Intervention with Suicidal Clients Volume 3                | John Sommers-Flanagan, PhD | 2:04         | 416 |
| Counseling African American Men                      | Counseling African American Men, Volume 1: Developing Cultural Competency | Darrick Tovar-Murray, PhD  | 2:49         | 446 |
| Counseling African American Men                      | Counseling African American Men, Volume 2: Anger and Identity             | Darrick Tovar-Murray, PhD  | 2:57         | 447 |
| Counseling African American Men                      | Counseling African American Men, Volume 3: A Complete Course of Therapy   | Darrick Tovar-Murray, PhD  | 3:26         | 448 |
| Couples Therapy with the Experts                     | Behavioral Couples Therapy  | Richard Stuart, DSW        | 1:56         | 126 |
| Couples Therapy with the Experts                     | Strategic Couples Therapy   | James Coyne, PhD           | 1:57         | 266 |
| DBT with Suicidal Clients                            | Dialectical Behavior Therapy with Suicidal Clients Vol. 1                 | Marsha Linehan, PhD        | 1:26         | 225 |

|  |  |   |      |     |
|--|--|---|------|-----|
| DBT with Suicidal Clients                              | Dialectical Behavior Therapy with Suicidal Clients Vol. 2                      | Marsha Linehan, PhD                             | 1:28 | 225 |
| EFT Masterclass: Advanced Topics in Couples Counseling | EFT Masterclass Volume 1: Sexual Issues  | Jeff Hickey, LCSW and Lisa Palmer-Olsen, PsyD   | 1:53 | 426 |
| EFT Masterclass: Advanced Topics in Couples Counseling | EFT Masterclass Volume 2: Addiction  | Jeff Hickey, LCSW and Michael Barnett, MA, LPC  | 1:44 | 427 |
| EFT Masterclass: Advanced Topics in Couples Counseling | EFT Masterclass Volume 3: Porn Addiction                                       | Michael Barnett, MA, LPC                        | 1:37 | 428 |
| EFT Masterclass: Advanced Topics in Couples Counseling | EFT Masterclass Volume 4: Grief and Loss                                       | Leanne Campbell, PhD                            | 1:11 | 429 |
| Emotionally Focused Therapy Step by Step               | Core Concepts and Interventions in EFT   | Rebecca Jorgensen, PhD                          | 2:58 | 382 |
| Emotionally Focused Therapy Step by Step               | EFT Stage 1: Reaching De-escalation  | Rebecca Jorgensen, PhD                          | 2:30 | 383 |
| Emotionally Focused Therapy Step by Step               | EFT Stages 2 - 3: Deepening Engagement & Consolidation                         | Rebecca Jorgensen, PhD                          | 2:45 | 384 |
| Emotionally Focused Therapy Step by Step               | Impasses and Challenges in EFT   | Rebecca Jorgensen, PhD                          | 2:52 | 385 |
| Emotionally Focused Therapy: A Complete Treatment      | EFT Part 1 (Sessions 1-3)  | Rebecca Jorgensen, PhD                          | 4:28 | 261 |
| Emotionally Focused Therapy: A Complete Treatment      | EFT Part 2 (Sessions 4-6)  | Rebecca Jorgensen, PhD                          | 4:19 | 262 |
| Emotionally Focused Therapy: A Complete Treatment      | EFT Part 3 (Sessions 7-10)   | Rebecca Jorgensen, PhD                          | 5:03 | 263 |
| Evidence-Based Treatment Planning                      | Evidence-Based Psychotherapy Treatment Planning                                | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 0:29 | 296 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Anger Control Problems                   | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:08 | 282 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Bipolar Disorder                         | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:18 | 284 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Depression                               | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 0:53 | 279 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Disruptive Child and Adolescent Behavior | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:03 | 290 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Eating Disorders and Obesity             | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:20 | 285 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Generalized Anxiety Disorder             | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:07 | 297 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Obsessive Compulsive Disorder            | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:04 | 291 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Panic Disorder                           | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 0:58 | 280 |
| Evidence-Based Treatment Planning                      | Evidence-Based Treatment Planning for Post-Traumatic Stress Disorder           | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:13 | 287 |

|  |  |   |      |     |
|--|--|---|------|-----|
| Evidence-Based Treatment Planning                                      | Evidence-Based Treatment Planning for Social Anxiety Disorder                        | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 0:56 | 286 |
| Evidence-Based Treatment Planning                                      | Evidence-Based Treatment Planning for Substance Use Disorders                        | Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD | 1:14 | 292 |
| Explaining PTSD & The Counting Method                                  | Explaining PTSD: Lessons for Mental Health Professional                              | Frank Ochberg, MD and Angelea Panos, PhD        | 0:24 | 098 |
| Explaining PTSD & The Counting Method                                  | The Counting Method: A Treatment Technique for PTSD                                  | Frank Ochberg, MD                               | 0:25 | 099 |
| Family Therapy with the Experts  | Adlerian Family Therapy  | James Bitter, EdD                               | 1:57 | 175 |
| Family Therapy with the Experts  | Bowenian Family Therapy  | Philip Guerin, MD                               | 1:59 | 267 |
| Family Therapy with the Experts  | Empowerment Family Therapy   | Frank Pittman, MD                               | 1:55 | 179 |
| Family Therapy with the Experts  | Integrative Family Therapy   | Kenneth V. Hardy, PhD                           | 1:58 | 176 |
| Family Therapy with the Experts  | Narrative Family Therapy   | Stephen Madigan, PhD                            | 1:52 | 177 |
| Family Therapy with the Experts  | Object-Relations Family Therapy  | David Scharff & Jill Savege Scharff, MD         | 1:57 | 168 |
| Family Therapy with the Experts  | Satir Family Therapy   | Jean McLendon, LCSW, LMFT                       | 1:45 | 162 |
| Family Therapy with the Experts  | Solution-Oriented Family Therapy   | Bill O'Hanlon, LMFT                             | 1:59 | 166 |
| Family Therapy with the Experts  | Structural Family Therapy  | Harry Aponte, LCSW                              | 1:56 | 129 |
| Family Therapy with the Experts  | Value-Sensitive Therapy  | Bill Doherty, PhD                               | 1:55 | 167 |
| Grief Therapy Masterclass: Advanced Skills in Working Through Loss     | Grief Therapy Masterclass Volume 1: A Meaning-Based Model                            | Robert A Neimeyer, PhD                          | 1:48 | 473 |
| Grief Therapy Masterclass: Advanced Skills in Working Through Loss     | Grief Therapy Masterclass Volume 2: A Trauma-Informed Approach to Loss               | Robert A Neimeyer, PhD                          | 1:57 | 474 |
| Grief Therapy Masterclass: Advanced Skills in Working Through Loss     | Grief Therapy Masterclass Volume 3: Realigning Relationships with the Deceased       | Robert A Neimeyer, PhD                          | 2:49 | 475 |
| Grief Therapy Masterclass: Advanced Skills in Working Through Loss     | Grief Therapy Masterclass Volume 4: Reinventing the Self After Loss                  | Robert A Neimeyer, PhD                          | 2:07 | 476 |
| Irvin Yalom and the Art of Psychotherapy                               | Irvin Yalom in Session: Eugenia  | Irvin Yalom, MD                                 | 2:13 | 399 |
| Irvin Yalom and the Art of Psychotherapy                               | Irvin Yalom in Session: Gareth   | Irvin Yalom, MD                                 | 0:56 | 397 |
| Irvin Yalom and the Art of Psychotherapy                               | Irvin Yalom in Session: Luke   | Irvin Yalom, MD                                 | 1:01 | 398 |
| Irvin Yalom and the Art of Psychotherapy                               | Irvin Yalom: Foundations of My Life and Work   | Irvin Yalom, MD and Victor Yalom, PhD           | 3:23 | 396 |
| Legal and Ethical Issues for Mental Health Professionals: Revised 2020 | Legal & Ethical Issues for Mental Health Professionals, Volume 1: Revised 2020       | Stephen Feldman, JD, PhD                        | 3:25 | 058 |
| Legal and Ethical Issues for Mental Health Professionals: Revised 2020 | Legal & Ethical Issues for Mental Health Professionals, Volume 2: Revised 2020       | Stephen Feldman, JD, PhD                        | 3:35 | 120 |
| Masterclass in Advanced Psychotherapy Skills                           | Masterclass in Advanced Psychotherapy Skills, Vol 1: Deepening Client Self-Discovery | Victor Yalom, PhD and Orah Krug, PhD            | 3:58 | 597 |
| Mental Health in Hospitals and Treatment Centers                       | Conducting a Mental Status Examination   | Brad Hagen, PhD, RN                             | 0:24 | 304 |
| Mental Health in Hospitals and Treatment Centers                       | Managing Aggression and Delusions  | Brad Hagen, PhD, RN                             | 0:25 | 301 |
| Mental Health in Hospitals and Treatment Centers                       | Managing Dementia and Anxiety  | Brad Hagen, PhD, RN                             | 0:25 | 303 |

|   |   |   |      |     |
|---|---|---|------|-----|
| Mental Health in Hospitals and Treatment Centers    | Managing Depression   | Brad Hagen, PhD, RN                               | 0:22 | 300 |
| Mental Health in Hospitals and Treatment Centers    | Managing Mania  | Brad Hagen, PhD, RN                               | 0:22 | 302 |
| Meth Inside Out                                     | Meth Inside Out: I. Human Impact                                    | UCLA & Eyes of the World Media Group              | 0:33 | 245 |
| Meth Inside Out                                     | Meth Inside Out: II. Brain & Behavior                               | UCLA & Eyes of the World Media Group              | 0:34 | 244 |
| Meth Inside Out                                     | Meth Inside Out: III. Windows to Recovery                           | UCLA & Eyes of the World Media Group              | 0:41 | 246 |
| Mindfulness-Based Relapse Prevention for Addictions | Mindfulness-Based Relapse Prevention for Addictions: Volume I       | Devin Ashwood                                     | 1:09 | 326 |
| Mindfulness-Based Relapse Prevention for Addictions | Mindfulness-Based Relapse Prevention for Addictions: Volume II      | Devin Ashwood                                     | 2:05 | 326 |
| Motivational Interviewing Step by Step              | Building Confidence in Motivational Interviewing                    | Cathy Cole, LCSW                                  | 1:57 | 037 |
| Motivational Interviewing Step by Step              | Core Concepts of Motivational Interviewing                          | Cathy Cole, LCSW                                  | 2:16 | 037 |
| Motivational Interviewing Step by Step              | Increasing Importance in Motivational Interviewing                  | Cathy Cole, LCSW                                  | 2:04 | 037 |
| Motivational Interviewing Step by Step              | Resolving Ambivalence in Motivational Interviewing                  | Cathy Cole, LCSW                                  | 1:42 | 037 |
| Motivational Interviewing with Adolescents          | Motivational Interviewing for Adolescent Health Behavior            | Cathy Cole, LCSW                                  | 3:06 | 037 |
| Motivational Interviewing with Adolescents          | Motivational Interviewing for Adolescent Substance Use              | Sebastian Kaplan, PhD, & Ali Hall, JD             | 2:19 | 037 |
| Motivational Interviewing with Adolescents          | Motivational Interviewing in Juvenile Justice Settings              | Ali Hall, JD                                      | 2:36 | 037 |
| Motivational Interviewing with Adolescents          | Motivational Interviewing with Adolescents: Core Concepts           | Sebastian Kaplan, PhD                             | 2:56 | 037 |
| Perspectives in Behavior Therapy                    | Alan Marlatt on Harm Reduction for Substance Abuse                  | G. Alan Marlatt, PhD                              | 1:11 | 255 |
| Perspectives in Behavior Therapy                    | Albert Bandura on Behavior Therapy, Self Efficacy & Modeling        | Albert Bandura, PhD                               | 0:54 | 269 |
| Perspectives in Behavior Therapy                    | Arnold Lazarus on Multimodal Therapy                                | Arnold Lazarus, PhD                               | 0:26 | 066 |
| Perspectives in Behavior Therapy                    | David Barlow on Treating Anxiety Disorders                          | David Barlow, PhD                                 | 1:09 | 270 |
| Perspectives in Behavior Therapy                    | Donald Meichenbaum on Cognitive-Behavioral Therapy                  | Donald Meichenbaum, PhD                           | 0:48 | 254 |
| Perspectives in Behavior Therapy                    | Hans Eysenck on Behavior Therapy                                    | Hans Eysenck, PhD                                 | 0:50 | 257 |
| Perspectives in Behavior Therapy                    | Joseph Wolpe on Systematic Desensitization                          | Joseph Wolpe, MD                                  | 0:58 | 272 |
| Perspectives in Behavior Therapy                    | Sidney Bijou on Behavioral Child Therapy                            | Sidney Bijou, PhD                                 | 1:05 | 271 |
| Psychotherapy Essentials To Go                      | Achieving Psychotherapy Effectiveness                               | Molyn Leszcz, Clare Pain and Jon Hunter           | 1:33 | 372 |
| Psychotherapy Essentials To Go                      | Cognitive Behavioral Therapy for Anxiety                            | Mark Fefergrad and Peggy Richter                  | 1:02 | 376 |
| Psychotherapy Essentials To Go                      | Cognitive Behavioral Therapy for Depression                         | Ari Zaretsky and Mark Fefergrad                   | 1:05 | 373 |
| Psychotherapy Essentials To Go                      | Dialectical Behavior Therapy Techniques for Emotional Dysregulation | Shelley McMain, PhD and Carmen Wiebe, MD          | 1:01 | 225 |
| Psychotherapy Essentials To Go                      | Interpersonal Psychotherapy for Depression                          | Paula Ravitz, Priya Watson and Sophie Grigoriadis | 0:58 | 374 |

|   |  |  |      |     |
|---|--|--|------|-----|
| Psychotherapy Essentials To Go                                  | Motivational Interviewing for Concurrent Disorders   | Wayne Skinner and Clive Chamberlain        | 1:01 | 037 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 1: Historical Perspectives                        | Ron Scott, PhD (Series Producer)           | 0:41 | 023 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 2: Individual Assessment and Psychotherapy        | Ron Scott, PhD (Series Producer)           | 0:49 | 024 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 3: Relationships, Families and Couples Counseling | Ron Scott, PhD (Series Producer)           | 0:37 | 025 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 4: The Coming Out Process                         | Ron Scott, PhD (Series Producer)           | 0:39 | 026 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 5: The Bisexual Experience                        | Ron Scott, PhD (Series Producer)           | 0:53 | 027 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 6: Diversity and Multiple Identities              | Ron Scott, PhD (Series Producer)           | 0:51 | 028 |
| Psychotherapy with Gay, Lesbian and Bisexual Clients            | Psychotherapy with Gay, Lesbian and Bisexual Clients 7: Sexual Minority Adolescents                    | Ron Scott, PhD (Series Producer)           | 0:49 | 029 |
| Reimagining Multiculturalism: A Contemporary Narrative Approach | Reimagining Multiculturalism: A Contemporary Narrative Approach, Volume 1 Vinodha                      | Travis Heath, PhD                          | 1:28 | 590 |
| Reimagining Multiculturalism: A Contemporary Narrative Approach | Reimagining Multiculturalism: A Contemporary Narrative Approach, Volume 2: Beverly                     | Travis Heath, PhD                          | 1:13 | 591 |
| Reimagining Multiculturalism: A Contemporary Narrative Approach | Reimagining Multiculturalism: A Contemporary Narrative Approach, Volume 3: Ian                         | Travis Heath, PhD                          | 2:55 | 592 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Alternatives to Substance Abuse                                | Robert Meyers, PhD & Jane Ellen Smith, PhD | 1:53 | 191 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Assertiveness  | Robert Alberti, PhD                        | 1:50 | 192 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Behavioral Self-Control  | Reid Hester, PhD                           | 1:52 | 193 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Managing Emotions  | Peter Palanca, MA                          | 1:55 | 194 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Problem Solving  | Terrence Real, MSW                         | 1:54 | 198 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Social Skills  | Lorraine Collins, PhD                      | 1:51 | 199 |
| The 7 Skills for Addiction-Free Living                          | The 7 Skills for Addiction-Free Living: Stress Management  | Jon Carlson, PsyD and Judy Lewis, PhD      | 1:55 | 200 |
| The Archetypal Psychology and Psychotherapy Series              | James Hillman on Archetypal Psychotherapy  | James Hillman, PhD                         | 1:08 | 159 |
| The Archetypal Psychology and Psychotherapy Series              | James Hillman on the Soulless Society  | James Hillman, PhD                         | 1:03 | 160 |
| The DSM-5 and Psychodiagnostic Interviewing, with TR Updates    | Diagnosing Anorexia, Schizophrenia and Borderline Personality Disorder                                 | Victor Yalom, PhD and Jason Buckles, PhD   | 2:26 | 404 |
| The DSM-5 and Psychodiagnostic Interviewing, with TR Updates    | Diagnosing Depressive, Bipolar, and Alcohol Use Disorders  | Victor Yalom, PhD and Jason Buckles, PhD   | 3:11 | 403 |

|  |   |   |      |     |
|--|---|---|------|-----|
| The DSM-5 and Psychodiagnostic Interviewing, with TR Updates | Diagnosing PTSD, Adjustment, Generalized Anxiety and Panic Disorders                        | Victor Yalom, PhD and Jason Buckles, PhD            | 2:28 | 402 |
| The DSM-5 and Psychodiagnostic Interviewing, with TR Updates | Psychiatric Diagnosis and Interviewing  | Victor Yalom, PhD and Jason Buckles, PhD            | 2:18 | 401 |
| The Otto Kernberg Series                                     | Otto Kernberg: Live Case Consultation   | Otto Kernberg, MD                                   | 2:27 | 164 |
| The Otto Kernberg Series                                     | Psychoanalytic Psychotherapy for Personality Disorders: An Interview with Otto Kernberg, MD | Otto Kernberg, MD                                   | 1:34 | 163 |
| The Virginia Satir Series                                    | A Family at the Point of Growth   | Virginia Satir                                      | 1:00 | 227 |
| The Virginia Satir Series                                    | A Step Along the Way: A Family with a Drug Problem  | Virginia Satir                                      | 0:59 | 234 |
| The Virginia Satir Series                                    | Blended Family with a Troubled Boy  | Virginia Satir                                      | 1:10 | 231 |
| The Virginia Satir Series                                    | Of Rocks and Flowers: Dealing with the Abuse of Children                                    | Virginia Satir                                      | 1:02 | 232 |
| The Virginia Satir Series                                    | The Essence of Change   | Virginia Satir                                      | 0:58 | 235 |
| The Voices of Violence Series                                | Effective Treatment of Violent Individuals  | The Glendon Association                             | 0:57 | 183 |
| The Voices of Violence Series                                | The Roots of Violence   | The Glendon Association                             | 0:58 | 182 |
| Using Family Systems Theory in Psychotherapy                 | Assessment and Engagement in Family Therapy   | Monica McGoldrick, LCSW, PhD                        | 4:05 | 387 |
| Using Family Systems Theory in Psychotherapy                 | Couples Therapy: A Family Systems Approach  | Monica McGoldrick, LCSW, PhD                        | 2:27 | 412 |
| Using Family Systems Theory in Psychotherapy                 | Harnessing the Power of Genograms in Psychotherapy  | Monica McGoldrick, LCSW, PhD                        | 1:54 | 219 |
|  | A Couple in Crisis: Creating Rapid Change With EFT  | Scott Woolley, PhD                                  | 1:27 | 464 |
|  | A House Divided: Structural Therapy with a Black Family                                     | Harry Aponte, LCSW                                  | 1:05 | 228 |
|  | A Paradoxical Intervention for Panic Disorder   | Reid Wilson, PhD                                    | 0:18 | 435 |
|  | A Strategic Approach to Treating Social Anxiety Disorder                                    | Reid Wilson, PhD                                    | 1:31 | 478 |
|  | Aaron Beck on Cognitive Therapy   | Aaron Beck, MD                                      | 0:56 | 213 |
|  | Action Methods in Couples Therapy   | Daniel Wiener, PhD                                  | 1:41 | 186 |
|  | Albert Bandura: From Laboratory to World Stage  | Albert Bandura, PhD                                 | 2:18 | 420 |
|  | Albert Ellis on REBT  | Albert Ellis, PhD                                   | 1:48 | 212 |
|  | Anger Management in Counseling and Psychotherapy  | Howard Kassinove, PhD and Raymond Chip Tafrate, PhD | 2:50 | 283 |
|  | Anorexia: What Therapists and Parents Need to Know  | Lisa Sabey and Robert Blair                         | 0:40 | 386 |
|  | Art Therapy Has Many Faces  | Judith Aron Rubin, PhD                              | 0:50 | 117 |
|  | Assessment & Psychological Treatment of Bipolar Disorder                                    | Kay Redfield Jamison, PhD                           | 0:52 | 169 |
|  | Bessel van der Kolk on Understanding Trauma   | Bessel van der Kolk, MD                             | 1:14 | 408 |
|  | Breaking the Code of Romantic Love  | Sue Johnson, EdD                                    | 1:12 | 410 |
|  | Brief Psychoeducation for Chronic Pain  | Ronald D. Siegel, PsyD                              | 0:06 | 433 |
|  | Building a Successful Career in Counseling and Psychotherapy                                | Sherry Smith, PhD & Susan Smith, LPC                | 0:42 | 313 |
|  | Building Alliance with Defensive, Angry Clients: Part 1                                     | Molyn Leszcz, MD                                    | 0:15 | 437 |

|  |  |  |      |     |
|--|--|--|------|-----|
|  | Building Alliance with Defensive, Angry Clients: Part 2                                  | Molyn Leszcz, MD   | 0:12 | 438 |
|  | Career Counseling in Action: Tools and Techniques  | Spencer G. Niles, EdD and Norman Amundson, PhD             | 1:57 | 317 |
|  | Carl Rogers and the Person-Centered Approach   | Carl Rogers, PhD   | 1:05 | 274 |
|  | Carl Rogers on Person-Centered Therapy   | Natalie Rogers, PhD and Carl Rogers, PhD                   | 1:11 | 204 |
|  | Child Therapy Case Consultation  | Violet Oaklander, PhD                                      | 1:48 |     |
|  | Child Therapy: Tools, Toys and Techniques  | Paris Goodyear-Brown, Scott Riviere and Janine Shelby, PhD | 1:04 | 422 |
|  | Children of the Camps: The Documentary   | Satsuki Ina, PhD   | 0:57 | 118 |
|  | Clinical Interviewing: Intake, Assessment & Therapeutic Alliance                         | John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD    | 2:08 | 276 |
|  | Cognitive Behavioral Perspective on Aggression: An Interview with Dr. Donald Meichenbaum | Donald Meichenbaum, PhD                                    | 0:33 | 223 |
|  | Cognitive Therapy for Weight Loss: A Coaching Session                                    | Judith Beck, PhD   | 1:16 | 124 |
|  | Conducting an Effective Mental Status Exam   | John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD    | 0:22 | 440 |
|  | Confronting Death and Other Existential Issues in Psychotherapy                          | Irvin Yalom, MD  | 1:31 | 171 |
|  | Consultation: Creating School Based Interventions  | Jon Carlson and Don Dinkmeyer, Jr.                         | 1:51 | 316 |
|  | Counseling Adolescents: Exploring Intersections of Race and Sexuality                    | Sam Steen, PhD   | 1:29 | 463 |
|  | Counseling and Psychotherapy Theories in Context and Practice                            | John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD    | 4:25 | 277 |
|  | Creative Healing in Mental Health  | Judith Rubin, PhD & Eleanor Irwin, PhD                     | 0:50 | 181 |
|  | Crisis Counseling: 7 Steps to Effective Intervention                                     | Derrick Paladino, PhD                                      | 2:00 | 465 |
|  | Culturally Sensitive Counseling with Latinos   | Patricia Arredondo, EdD                                    | 1:17 | 409 |
|  | Dan Siegel on Interpersonal Neurobiology   | Dan Siegel, MD   | 1:36 | 407 |
|  | De-Escalating Anger in Couples Therapy   | Rebecca Jorgensen, PhD                                     | 0:21 | 458 |
|  | Effectively Intervening with Violent Behavior: An Interview with Dr. Peter Fonagy        | Peter Fonagy, PhD  | 1:06 | 224 |
|  | Emotionally Focused Therapy in Action  | Sue Johnson, EdD   | 3:36 | 178 |
|  | Emotionally Focused Therapy with Same-Sex Couples  | Sue Johnson, EdD   | 3:40 | 278 |
|  | Empowering Adults with Developmental Disabilities: A Creative Arts Therapies Approach    | Stephen Snow, PhD  | 0:43 | 273 |

|  |  |   |      |     |
|--|--|---|------|-----|
|  | Erving Polster on Gestalt Therapy  | Erving Polster, PhD                           | 1:00 | 187 |
|  | Experiential Family Therapy  | Carl Whitaker, MD                             | 1:27 | 248 |
|  | Experiential Techniques for Deepening Inner Exploration: Part 1                                | Victor Yalom, PhD                             | 0:26 | 454 |
|  | Experiential Techniques for Moving Beyond "How Do You Feel?" - Laura: Stuck in Despair         | Victor Yalom, PhD                             | 1:23 |     |
|  | Experiential Techniques for Moving Beyond "How Do You Feel?" — Hamed: Prompting Self-Discovery | Victor Yalom, PhD                             | 1:21 |     |
|  | Expressive Arts Therapy in Action  | Natalie Rogers, PhD                           | 2:34 | 205 |
|  | Freeing Ourselves from the Ghosts of Our Past  | Monica McGoldrick, LCSW, PhD                  | 0:27 | 424 |
|  | Getting Control of Yourself: Anger Management Tools and Techniques                             | Christian Conte, PhD                          | 1:15 | 222 |
|  | Group Counseling with Adolescents: A Multicultural Approach                                    | Sam Steen, PhD, & Sheri Bauman, PhD           | 6:25 | 259 |
|  | Group Therapy for Addictions: An Interpersonal Relapse Prevention Approach                     | Devin Ashwood & Tim Leighton                  | 1:23 | 328 |
|  | Group Therapy: A Live Demonstration  | Irvin Yalom, MD and Molynd Leszcz, MD         | 3:21 | 170 |
|  | Group Therapy: An Addictions Perspective   | Allen Berger, PhD                             | 0:49 | 419 |
|  | Guiding Pre-Teens in Career Exploration: A Creative Arts Approach                              | Natalya A. Lindo, PhD and Peggy Ceballos, PhD | 2:11 | 460 |
|  | Heinz Kohut on Empathy in Psychotherapy  | Heinz Kohut, MD                               | 0:41 | 445 |
|  | How to Use Play Interventions with Neurodivergent Children and Teens                           | Robert Jason Grant, EdD                       | 1:24 | 595 |
|  | Integrating Mindfulness into Counseling and Psychotherapy                                      | Ronald D. Siegel, PsyD                        | 3:11 | 306 |
|  | Interpersonal Psychotherapy: A Case of Postpartum Depression                                   | Scott Stuart, MD                              | 1:50 | 315 |
|  | Introducing Paradoxical Techniques to OCD Clients  | Reid Wilson, PhD                              | 0:25 | 436 |
|  | Inviting Racial Conversations into Therapy   | Sam Steen, PhD and Joy Steen, MA              | 0:15 | 453 |
|  | Irvin Yalom on Grief, Loss, and Growing Old  | Irvin Yalom, MD                               | 1:13 | 462 |
|  | Irvin Yalom on Psychotherapy and Writing   | Irvin Yalom, MD                               | 1:00 | 299 |
|  | John Bowlby on Attachment and Psychotherapy  | John Bowlby, MD                               | 1:22 | 443 |
|  | Kings Park: Stories from an American Mental Institution  | Lucy Winer                                    | 1:48 | 431 |
|  | Leading Counseling Groups with Adults: A Demonstration of the Art of Engagement                | Ed Jacobs, PhD & Christine Schimmel, EdD      | 2:57 | 312 |
|  | Living with PTSD: Lessons for Partners, Friends, and Supporters                                | Frank Ochberg & Angie Panos, PhD              | 0:18 | 196 |
|  | Making Child Therapy Work  | Robin Walker, MFT                             | 1:35 | 211 |
|  | Managing Chronic Anxiety with Mindfulness  | Ronald D. Siegel, PsyD                        | 0:29 | 432 |
|  | Managing Weight Loss with Motivational Interviewing  | Cathy Cole, LCSW                              | 0:27 | 037 |

|  |  |   |      |     |
|--|--|---|------|-----|
|  | Mindfulness Exercise for Chronic Pain                                      | Ronald D. Siegel, PsyD                                    | 0:20 | 434 |
|  | Mindfulness Exercise for Substance Use                                     | Devin Ashwood   | 0:20 | 457 |
|  | Mindfulness for Life: An Interview with Jon Kabat-Zinn                     | Jon Kabat-Zinn, PhD                                       | 0:44 | 221 |
|  | Motivational Interviewing with a Defiant Teen                              | Sebastian Kaplan, PhD                                     | 0:24 | 037 |
|  | Multicultural Competence in Counseling & Psychotherapy                     | Derald Wing Sue, PhD                                      | 1:25 | 281 |
|  | Neurodiversity-Affirming Play Therapy with Children and Teens              | Robert Jason Grant, EdD                                   | 4:52 | 578 |
|  | Nurturing the 'Art' in the Art of Therapy                                  | Victor Yalom, PhD   | 1:27 |     |
|  | Person-Centered Career Exploration with a Pre-Teen                         | Sam Steen, PhD  | 0:12 | 451 |
|  | Peter Levine on Adding Somatic Techniques to Your Practice                 | Peter Levine, PhD   | 1:09 | 471 |
|  | Phil Zimbardo on the Stanford Prison Experiment, Evil and Heroism          | Philip Zimbardo, PhD                                      | 1:36 | 309 |
|  | Power of 2 Marriage Skills Workshop  | Susan Heitler, PhD and Abigail Hirsch, PhD                | 1:47 | 258 |
|  | Powerful Ideas for Developing Your Best Therapeutic Self                   | Victor Yalom, PhD   | 0:10 | 461 |
|  | Psychodrama Unmasked: Essential Tools and Techniques                       | Tobi Klein, MSW, MFT                                      | 1:22 | 218 |
|  | Psychotherapy for Chronic PTSD   | Frank Ochberg, MD   | 2:48 | 197 |
|  | Racism, Family Secrets and the African American Experience                 | Monica McGoldrick, LCSW, PhD and Elaine Pinderhughes, MSW | 0:35 | 423 |
|  | Recovering from an Affair: 6 Sessions of Couples Therapy                   | Richard Schwartz, PhD                                     | 5:32 | 268 |
|  | Reimagining Narrative Therapy: Rewriting Stories and Reclaiming Identities | Travis Heath, PhD   | 1:24 | 598 |
|  | Resolving Trauma in Psychotherapy: A Somatic Approach                      | Peter Levine, PhD   | 3:20 | 123 |
|  | Robert Wallerstein: 65 Years at the Center of Psychoanalysis               | Shelley Nathans, PhD                                      | 1:22 | 314 |
|  | Safety Planning with Suicidal Clients                                      | John Sommers-Flanagan, PhD                                | 0:12 | 439 |
|  | Salvador Minuchin on Family Therapy  | Salvador Minuchin, MD and Jay Lappin, MSW, LCSW           | 1:22 | 185 |
|  | Scott Miller on Improving Psychotherapy Outcome                            | Scott Miller, PhD   | 1:14 | 411 |
|  | Society, Relationships, and Pleasure: An Interview with Dr. Carol Gilligan | Carol Gilligan, PhD                                       | 0:31 | 308 |
|  | Solution-Focused Techniques with a Child                                   | Sam Steen, PhD  | 0:13 | 452 |
|  | Solution-Focused Techniques with a Pre-Teen                                | Sam Steen, PhD  | 0:12 | 450 |
|  | Survival from Domestic Violence: Stories of Hope and Healing               | Angelea Panos, PhD  | 0:15 | 195 |
|  | Telehealth: Legal and Ethical Issues                                       | Stephen Feldman, JD, PhD                                  | 0:14 | 441 |

|  |   |   |      |     |
|--|---|---|------|-----|
|  | The Healing Power of Mindful Parenting  | Jon Kabat-Zinn, PhD and<br>Myla Kabat-Zinn, BSN, RN | 1:55 | 220 |
|  | The Therapeutic Relationship,<br>Individualized Treatment and Other<br>Keys to Successful Psychotherapy | John C. Norcross, PhD                               | 1:21 | 172 |
|  | Thomas Szasz on The Myth of Mental<br>Illness   | Thomas Szasz, MD                                    | 1:19 | 421 |
|  | Treating Anxiety Disorders: A Unified<br>Protocol   | David Barlow, PhD                                   | 2:25 | 418 |
|  | Tres Madres: Structural Therapy with an<br>Anglo/Hispanic Family  | Harry Aponte, LCSW                                  | 1:00 | 230 |
|  | Triangles and Family Therapy:<br>Strategies and Solutions   | Monica McGoldrick,<br>LCSW, PhD                     | 0:39 | 389 |
|  | Using a Mood Scale for Suicide<br>Assessment  | John Sommers-Flanagan,<br>PhD                       | 0:07 | 442 |
|  | Using Family Play Genograms in<br>Psychotherapy   | Monica McGoldrick,<br>LCSW, PhD                     | 0:22 | 388 |
|  | Victor Yalom Discusses ACT Immersion<br>with Dr. Steven C. Hayes  | Steven Hayes, PhD                                   | 1:25 | 649 |
|  | Viktor Frankl on The Search for Meaning   | Viktor Frankl, MD                                   | 1:25 | 444 |
|  | William Miller on Motivational<br>Interviewing  | William R. Miller, PhD                              | 1:00 | 037 |
|  | Working in the Here and Now:<br>Deepening Therapeutic Encounters Part<br>1                              | Victor Yalom, PhD                                   | 1:28 | 472 |
|  | Working in the Here and Now:<br>Deepening Therapeutic Encounters Part<br>2                              | Victor Yalom, PhD                                   | 1:28 | 559 |
|  | Working in the Here and Now:<br>Deepening Therapeutic Encounters Part<br>3                              | Victor Yalom, PhD                                   | 1:29 | 582 |
|  | Working Online with Suicidal Clients in<br>the Age of COVID   | John Sommers-Flanagan,<br>PhD                       | 0:16 | 459 |